

Directions

From Route 8 (South)

Take Exit 14 South on Route 8
Turn right at bottom of exit ramp
Take an immediate right onto Wharf Street
Turn left at the bottom of the hill onto Canal Street
Parking in lot behind Farmers' Market which will be on your left

From Route 8 (North)

Take Exit 14 North on Route 8
Turn left at bottom of exit ramp
At the stop sign, turn left onto Howe Avenue
Take the first right onto Wharf Street
Turn left at the bottom of the hill onto Canal Street
Parking in lot behind Farmers' Market which will be on your left

From New Haven

Take Route 34 east Derby
Get on Rt 8 south - follow directions above

Parking in municipal lot and at Inline Plastics Corp.

Please copy before mailing

Boys & Girls Club of the Lower Naugatuck Valley
One Positive Place
PO Box 209
Shelton, CT 06484



2003 Commodore Hull Thanksgiving Day 5k Road Race

To Benefit Boys & Girls Club of the Lower Naugatuck Valley

Thursday, November 27, 2003

Rain or Shine

Road Race Begins Promptly at 8:00 A.M.

Race Day Registration Begins at 6:45 A.M.

Location: Start & Finish at:

Veterans Memorial Park, Canal Street
Shelton, CT (Ample parking will be available)
USATF/CT Sanctioned

Course:

USATF/CT certified course - Gentle hills, scenic and historic area with one water stop. Course crosses Housatonic River between Derby and Shelton twice finishing along the Shelton Riverwalk

Divisions:

(Separate Categories male & female)

Youth	Pre-High School	Master	40-49
High School	Enrolled in HS	Grand Master	50-59
Open	18-29	Golden Master	60-69
Submaster	30-39	Grand Golden Master	70+

New - Holstein - Male 200 lbs minimum - Female 160 lbs minimum

Awards:

First place male & female - running shoes from Hubbell Bros. - Connecticut's oldest shoe store! Commodore Hull Hats to the top male and female finishers overall and the top three male and female finishers in each division.

High School Special - Gift certificates to top 3 male and female

T-Shirts:

Top quality T-shirts courtesy of **Greco & Haines, Inc.** to first 300 registrants - Just part of the awesome runner goody bag!

Refreshments:

Served before and after the race

Raffle:

Winners posted during the race, pickup immediately after race.

No waiting! More than 50 prizes!! Plenty of time for refreshments and still make that high school football game!

**2003
Commodore Hull 5K Road Race
Benefitting**



Lower Naugatuck Valley

Thank you
Sponsors



Official Race Sponsor

**Derby Discount Liquor & United Cigar Store
City of Derby - Parks & Recreation Commission
City of Shelton - Department of Parks & Recreation
City of Ansonia - Recreation Commission**



**Adzima & Riverview Funeral Homes
David M. Grant Caterers
Hubbell Bros. Shoe Store
Tetley USA, Inc
Porch & Patio - Orange
Wilson Agency
Valley Roofing & Siding
World Fulfillment, Inc.**
Attorney Richard A. Volo
Attorney Gary P. Cahill
Attorney Shawn K. Splan
Attorney Eugene A. Skowronski
Tele-Media Cable
Derby Cellular

**Jamie Cohen & Dominick Thomas -
Award Sponsors**

STIHL
Blanchette Sporting Goods
Frankie's Grill
Fisherman's Galley
J & B Auto Body, Inc.
Prestige Builders LLC
Dr. Maureen O'Donnell Sharnick, D.M.D.
Drs. Dworkin, Stein & Lerman
Sun Backlit (T-shirt design)
Roseland Apizza
Dunkin Donuts - Howe Avenue, Shelton
Ed McManus & Sons Construction Co.
Golf Center of Connecticut
Navy Recruiting Station, New Haven
Inline Plastics Corp.

Packet Pickup

All those pre-registered may pick up their race packets at the Farmers Market on Canal Street in Shelton on Sunday, November 23 from 1:00 to 5:00 PM or Wednesday, November 26 from 4:30 to 7:30 PM. Registrations will be accepted at this time as well.

Registration Form

Please Print

NAME:

LAST: _____ FIRST: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: (____) ____ - _____

E-MAIL _____

AGE: ____ (ON RACE DAY) SEX: ____ T-Shirt Size (M, L, XL or XXL) ____

Please check box only one box for correct division:

- | | | | |
|--------------------------------------|----------------------------------|--|---------|
| <input type="checkbox"/> Youth | <i>Pre - high school student</i> | <input type="checkbox"/> Master | 40 - 49 |
| <input type="checkbox"/> High School | <i>Must be H.S. student</i> | <input type="checkbox"/> Grand Master | 50 - 59 |
| <input type="checkbox"/> Open | 18 - 29 | <input type="checkbox"/> Golden Master | 60 - 69 |
| <input type="checkbox"/> Submaster | 30 - 39 | <input type="checkbox"/> Grand Golden Master | 70+ |
| <input type="checkbox"/> Holstein | | | |

Entry Fees:

- Registered by November 23 - \$15.00
- After November 23 & Race Day - \$17.00
- Special for Students by November 23 - \$10.00
- Grand Golden Master - Free!!

Please make checks payable to: Boys & Girls Club of the Lower Naugatuck Valley and mail to:

Boys & Girls Club of the Lower Naugatuck Valley
PO Box 209
Shelton, CT 06484

In consideration of the acceptance of my entry into the 2003 Commodore Isaac Hull Road Race, I, for myself, my heirs, executors, administrators and assignees, do hereby release and discharge the Commodore Isaac Hull Road Race committee, directors, officers, agents, and all officials, sponsors, and volunteers of the race for all claims arising or growing out of my participation in said athletic event. I have full knowledge of the risks involved in this event. I am aware that there may be, at times, some traffic on the course.

Participant/Signature _____
(or parent's signature if under 18)

For the latest information and on-line registration visit the official race website :

**<http://www.electronicvalley.org/derby/HullRace>
Race Director: Glenn Gaetano (203 944-0445)**